

**We have compiled three versions of the gear list for most Rocky Mountain program courses (low, medium and high price). Each assume that you have to buy everything on the list.**

<b>Item</b>	<b>Quantity</b>	<b>Low Price</b>	<b>Where?</b>	<b>Medium Price</b>	<b>Where?</b>	<b>High Price</b>	<b>Where?</b>
Sports Bras	2	\$ 10.00	Goodwill	\$ 16.99	Target	\$ 48.00	Moving Comfort
Wicking Short sleeve T-Shirt	1	\$ 3.00	Goodwill	\$ 19.50	REI	\$ 39.95	REI
Long Underwear Top	1	\$ 29.95	Lands End	\$ 29.99	Champion	\$ 59.00	REI
Light Insulating Jacket	1	\$ 34.99	Dicks Sporting Goods	\$ 100.00	Amazon	\$ 140.00	Patagonia
Mid-Weight Insulating Jacket	1	\$ 40.00	Army Surplus Store	\$ 250.00	REI	\$ 279.00	Patagonia
Waterproof/Breathable Rain Jacket	1	\$ 20.00	Army Surplus Store	\$ 60.00	REI	\$ 159.00	Outdoor Research
Underwear	4+	\$ -	Use what you have	\$ -	Use what you have	\$ 12.00	Under Armor
Long Underwear	1	\$ 29.95	Lands End	\$ 49.95	REI	\$ 59.00	Patagonia
Shorts	1	\$ 5.00	Goodwill	\$ 35.00	REI	\$ 69.00	Kuhl
Hiking Pants	1	\$ 5.00	Goodwill	\$ 64.50	REI	\$ 85.00	Prana
Lightweight Synthetic Belt	1	\$ 3.00	Goodwill	\$ 5.00	Goodwill	\$ 39.00	Arcteryx
Warm Long Pants	1	\$ 5.00	Goodwill	\$ 30.00	Columbia	\$ 59.50	REI
Waterproof Breathable Rain Pants	1	\$ 20.00	Walmart	\$ 24.99	Sierratradingpost.com	\$ 165.00	Marmot
Warm Hat	1	\$ 26.28	Walmart	\$ 14.50	REI	\$ 32.00	REI
Neck gaiter or balclaava	1	\$ 12.31	Walmart	\$ 20.00	REI	\$ 20.00	REI
baseball cap or visor	1	\$ -	Use what you have	\$ 2.00	Goodwill	\$ 26.00	Kuhl
gloves	1	\$ 20.00	Walmart	\$ 39.99	Columbia	\$ 98.00	Outdoor Research
boots	1	\$ 220.00	Salewa	\$ 300.00	Scarpa	\$ 390.00	La Sportiva
medium weight hiking socks	4+	\$ 10.00	Army Surplus Store	\$ 9.99	Sierratradingpost.com	\$ 18.95	Smartwool
athletic shoes	1	\$ -	Use what you have	\$ 10.00	Goodwill	\$ 124.95	Keen
bandanas	2	\$ 2.00	Dollar Tree	\$ 5.00	Goodwill	\$ 8.00	REI
sunglasses with a keeper strap	1	\$ 15.00	Walmart	\$ 25.00	Backcountry.com	\$ 189.00	Maui Jim
32 oz. water bottles	2	\$ 20.00	Walmart	\$ 10.99	REI	\$ 10.99	REI
headlamp and extra set of batteries	1	\$ 15.00	Eddie Bauer	\$ 14.73	REI	\$ 49.95	Black Diamond
watch	1	\$ 12.91	Walmart	\$ 11.40	Walmart	\$ 55.00	REI