

We have compiled three versions of the gear list for most Southwest program courses (low, medium and high price). Each assume that you have to buy everything on the list.

Item	Quantity	Low Price	Where?	Med Price	Where?	High Price	Where?
Synthetic Short Sleeve T-Shirts	3+	\$4	Goodwill	\$18	Steepandcheap.com	\$39	REI
Long Sleeve Sun Shirt	2	\$3	Goodwill	\$23	Steepandcheap.com	\$89	Patagonia
Quick Dry Shorts	2	\$4	Goodwill	\$19	Campmor.com	\$69	prAna
Quick Dry Pants	1	\$5	Goodwill	\$41	Steepandcheap.com	\$99	KUHL
Lightweight long underwear top	1	\$4	Goodwill	\$29	Steepandcheap.com	\$129	North Face
Lightweight long underwear bottom	1	\$5	Goodwill	\$29	Steepandcheap.com	\$99	Kari Traa
Underwear--cotton or synthetic	4+	\$2	Walmart	\$12	Steepandcheap.com	\$35	Patagonia
Sports Bras	3+	\$7	Walmart	\$27	Steepandcheap.com	\$59	prAna
Expedition-weight/heavyweight long underwear top	1	\$14	sierratradingpost.com	\$29	sierratradingpost.com	\$119	Patagonia
Fleece Jacket	1	\$6	Goodwill	\$69	sierratradingpost.com	\$199	Arc'teryx
Heavyweight Fleece Jacket/Sweater or synthetic "puffy" jacket	1	\$30	Walmart	\$49	sierratradingpost.com	\$199	North Face
Raincoat	1	\$36	Walmart	\$100	Marmot	\$285	Marmot
Rain Pants	1	\$24	sierratradingpost.com	\$99	sierratradingpost.com	\$225	Marmot
warm hat	1	\$8	Walmart	\$24	Campmor.com	\$70	Craft
sun hat	1	\$9	Walmart	\$34	Campmor.com	\$85	Tilley
lightweight gloves or glove liners	1	\$6	Walmart	\$24	Smartwool	\$55	Outdoor Research
liner socks	3	\$4	campmor.com	\$8	Campmor.com	\$12	Injinji
medium-weight hiking socks	5	\$6	Army Surplus	\$14	Campmor.com	\$25	Darn Tough
river shoes	1	\$4	Walmart	\$85	Teva	\$130	Chaco
running/approach shoes	1	\$7	Walmart	\$59	Merrell	\$230	Arc'teryx
backpacking boots	1	\$175	La Sportiva	\$190	Salomon	\$385	Lowa
sunglasses	2	\$2	Goodwill	\$69	Tifosi	\$189	Maui Jim
keeper strap for sunglasses	2	\$1	Dollar Store	\$5	Croakies	\$14	Croakies
sunglass case	2	\$5	Walmart	\$8	Pepper's	\$10	Chums
water bottle	2	\$1	Goodwill	\$11	Nalgene	\$16	CamelBak
bandana	2	\$1	Dollar Store	\$5	REI	\$45	Buff
small headlamp	1	\$6	Walmart	\$40	Petzl	\$60	Princeton Tec
watch with alarm	1	\$9	Walmart	\$70	Campmor.com	\$300	Garmin
OPTIONAL:							
Crazy creek chair	1	\$30	Walmart	\$39	campmor.com	\$50	Crazy Creek
camera	1	\$9	Disposable waterproof camera	\$199	Nikon COOLPIX	\$300	GoPro
platypus or camelbak	1	\$6	Walmart	\$35	Platypus	\$50	CamelBak