



Statement of Understanding COVID-19

Outward Bound is actively monitoring the COVID-19 pandemic, and information and recommendations from the national and state Centers for Disease Control and Prevention. The health and safety of our students and staff is a top priority, and Outward Bound Schools are working diligently with our local public health authorities and our medical advisors to develop mitigation controls and procedures in alignment with current data. The risk of contracting COVID-19 can be reduced but not eliminated.

Statement of Understanding

This document outlines the mitigation efforts I am expected to practice, along with testing requirements and travel recommendations, so I can decide if I want to participate in the program.

I wish to enroll on an Outward Bound course.

In order to participate in this Outward Bound course, I understand that I must be symptom-free at course start as defined by current Outward Bound medical screening protocols, and agree to observe physical distancing and good hygiene practices for 14 days prior to my course start, including:

- Staying home as much as possible
- When out of the home, keeping six feet of distance from other people as much as possible
- Washing or sanitizing my hands frequently, and always after touching surfaces that other people touch (such as elevator buttons, handrails, door pulls and fuel pump handles)
- Avoiding all crowded spaces, including public transportation
- Wearing a mask when close proximity to people in public spaces is unavoidable
- Avoiding contact with people who are sick

Prior to arrival at my course start I agree to the following:

- To advise OB if I have tested positive or had symptoms, or have been in close contact with someone testing positive for or showing symptoms of COVID-19 within 14 days of course start
- To use only private transportation while in transit to my course start, rather than commercial transportation such as airplanes, trains or buses.

I agree to the following concerning my COVID-19 test at course start:

- I understand that Outward Bound has contracted with Eurofins Central Laboratory, Inc. for testing of my specimen. I authorize the collection and testing of my specimen.
- I have the right to refuse testing and I understand that refusal will result in my dismissal from the program.
- This test involves a swab (like a Q-Tip) slid into my nose to obtain a sample. It may be uncomfortable, painful, or potentially cause mild abrasion or bleeding. I understand that there is minimal risk with collection of a specimen with a nasal swab.
- Eurofins Central Laboratory, Inc. will provide test results to Outward Bound. I authorize release of test results to Outward Bound and to me.

- I acknowledge that this test is not a substitute for medical advice from my health care provider. I will consult with a health care provider if I have tested positive for COVID-19, am experiencing symptoms, or have any other questions or concerns.
- I understand that Outward Bound and Eurofins Central Laboratory, Inc. have infectious disease reporting responsibilities under applicable governmental regulations and will report my testing information in accordance with these regulations.

During my course, I consent to the following as a condition of participation:

- To wear a face mask, gloves or other protective equipment if requested to do so
- To have my temperature taken at any time
- To submit to additional COVID-19 viral testing at Outward Bound’s request

Outward Bound reserves the right to implement other requirements before or during the course based on medical advice and the judgment of Outward Bound staff. Course activities or locations may need to be altered or discontinued, potentially at the last minute or during the program. If I develop symptoms of COVID-19 during the program, I understand I will be isolated from others while Outward Bound investigates the potential of obtaining a diagnosis. If I am positive for COVID-19 or another communicable disease, or if no testing is available, I will be removed, and I will arrange for transportation home. Further, I understand that if another participant or a staff member with whom I have been in close contact develops symptoms, I may be quarantined or removed from the program, if necessary, to prevent further spread.

I understand that I will be expected to follow hygiene practices that reduce the risk to me and others as taught, demonstrated or otherwise explained by Outward Bound staff, and that neglecting to do so may result in my dismissal. I understand that despite the precautions noted above, Outward Bound cannot ensure I will not be exposed to or contract COVID-19 through participation in the course.

I understand that older adults and people of any age who have underlying medical conditions might be at higher risk for severe illness from COVID-19. I understand and assume the risks of contracting COVID-19 willingly and agree to release Outward Bound from any and all claims related to being exposed to or contracting COVID-19.

These provisions are intended to be incorporated by reference into the Acknowledgement and Assumption of Risks and Liability Release and Indemnity Agreement I have signed or will sign. I understand and agree to all of the above.

Participant Signature

Date

Print name here